

Faculty Profile Template

1. Name:	SEEMA DIWAKER SINDGIKAR
2. D.O.B	16/09/1973
3. Mobile No:	9821744581
4. Email id:	sdsindgikar@gmail.com
5. Department:	PSYCHOLOGY
6. Designation:	Associate Professor
7. Date of Appointment:	10 th July,1995.
8. Date of Superannuation:	31 st July, 2033
9. Appointment Type:	Permanent
10. Education Qualification:	<p>M.A. Psychology (Clinical Psychology)</p> <p>Additional Qualification:</p> <p>Completed Rational Emotive Behavior Therapy (REBT) Course, Phadke Centre, Mumbai.</p> <p>Certificate Course in Child Guidance and Parental Counseling, Gopi Krishna Piramal Hospital, Lower Parel. Mumbai</p> <p>Completed the Second-Degree Course in Reiki</p>
11. Work Experience:	28 Years
12. Courses Taught:	<p>FYBA Psychology, FYBA/BCOM/BSC Foundation Course</p> <p>SYBA Psychology. SYBA/BCOM/BSC Foundation Course</p>
13. Courses Developed:	-----
14. Area of specialization/research:	Clinical Psychology, Personality, Adolescence, Geriatrics
15. Achievements:	

A. Awards & Honors:	Won the Best Paper Award for the paper titled “Working Longer, Living Better: Impact of Active Work and Social Life on Positive Ageing” presented in 26 th Annual Conference of Marathi Manasshastra Parishad , 2012.
B. Projects:	“Distress Among Students in Higher Education due to Attrition Rate of Lecturers in Higher Education (With Special Reference to Engineering Colleges)” Minor Research Project in 2013, University of Mumbai.
C. Membership (Academic and Professional Bodies)	Life Member of Bombay Psychological Association Life Member of Counsellor’s Association of India. Life Member of Marathi Manasshastra Parishad. Member of Mother-Support Group (UNICEF and BPNI) Committees for Selection and Promotion Interviews Subject Expert in Selection/Screening committee for CAS promotions and Selection of Candidates for the post of Assistant professor in various colleges
D. Resource person in Seminar/ Conferences/ Workshop Guest lecturers / Refresher Course Orientation/STC	Guest Speaker for the Session on Parental Counselling conducted by Mahila Samiti English High School, Thakurli.(E), Dombivili, 2008 Guest Speaker for the session on Substance Abuse and Addiction conducted by ITI Ambarnath (W)
E. Ph.D.:	Enrolled with Dept of Applied Psychology, University of Mumbai
F. Ph.D. Guideship:	_____
G. Industry:	_____
H. Patents/Copyrights (Filed & Granted):	_____
I. Others: (if any):	Visiting Faculty and guide for MA Psychology provided to Post Graduate Students for Projects from IGNOU since 2011
16. Publications*:	

<p>A. Research Papers:</p>	<p>Rina S Dhonde, Seema D Sindgikar, “Environmental Disaster: its Psychological Impact and Coping”, Published in Proceeding of national seminar <i>Ecological Disaster: its impact and Historicity- Interdisciplinary perspective from South Asia</i> pp 33-345, Harshawardhan Publications Pvt Ltd; Beed, Maharashtra. ISBN No 978-93-85882-32-6, 2016.</p> <p>Hema R Pinjani & Seema D Sindgikar, “Women: Silent Victims over the Ages in their Own Forts” Women’s Issues. Ulhasnagar: Universal Publishing House, 2015, pp 147-150. ISBN 978-93-83342-13-6.</p> <p>Seema D Sindgikar & Rina S Dhonde, “Life Kills Without Life Skills : A Perspective on Life Skills for Positive Youth Development through Co-Curricular Activities in Academic Institutions”. <i>Optimising Positive Strength through Life Skills</i>. Excel India Publishers, New Delhi, pp 546-551. ISBN N 978-93-82062-80-6, 2012.</p> <p>Rina S Dhonde & Seema D Sindgikar. “Psycho-Social Impact of Faculty Crunch on Studies in Higher Education with Special Reference to Technical Courses”. <i>Symbiosis between Academia and Corporate World: A Step Forward</i>. Hind Yugm Publisher, New Delhi, 2012, pp 158-162. ISBN No. 978-93-81394-40-3.</p> <p>Seema D Sindgikar & Rina S Dhonde, “Sports Psychology: An Emerging Field in Indian Scenario”. <i>Management Research: Current Trend and Practices</i>. Society of Management and Behavioural Science, 2012, pp 242-245, ISBN No 978-93-81505-48-9</p> <p>Seema D Sindgikar & Ashwini M Pendse, “Innovative Teaching: a Cry in Wilderness of Education”. <i>Emerging Opportunities in Future Higher Education</i>. Ulhasnagar: Seva Sadan’s College of Education, 2011, pp 116-125, ISBN No 978-81-922534-0-4, 2011.</p> <p>Seema D Sindgikar & Rina S Dhonde, “Role of Stakeholders: A Collaborative Approach in Ensuring Mental Health in Higher Education”. <i>Mental Health: Role of Education</i>, Ketki Prakashan, Mumbai, 2011, ISBN No 978-81-922307-19</p> <p>.</p>
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B. Articles:	<p>Dhonde Rina. S, Sindgikar Seema. D, Work Longer Live Better: Impact of Active Work and Social Life on Positive Ageing, Quest Journal of Management Research. Vol III, Issue I, pp 49-53, 2012, ISSN No. 0976-2000.</p> <p>Dhonde Rina. S, Sindgikar Seema. D; Role of Co-Curricular Activities in increasing achievement Motivation and Enhancing Employability in College Students, Journal of Management Research” Management Guru”, pp, 515-519, Vol IV, Issue 9, 2016, ISSN No 2319-2429, Sharayu Publications, Thane, Mumbai.</p>
C. Books/ Book chapters:	<p>Co-Authored books</p> <p>Hema R Pinjani, Seema D Sindgikar, Foundation Course-ISkill Enhancement Courses (SEC), Sem I, Himalaya Publication House, Mumbai, 2017, ISBN No 978-93-5273-434-4.</p> <p>Hema R Pinjani, Seema D Sindgikar & Dr D. Meena S Rao, Foundation Course-I Skill Enhancement Courses (SEC) Sem II, Himalaya Publication House, Mumbai, 2017, ISBN No 97-93-5273-670-6</p> <p>Yogesh Borale, Daksha Halkare & Seema D Sindgikar, “Apsamanya Manasshastra” TYBA Psychology Paper IV ,Institute of Distance and Open Learning, University of Mumbai, 2013</p> <p>Daksha Halkare, Seema D Sindgikar & Yogesh Borale, “Audyogik va Sanghtnatmak Manasshastra, Paper VI, Institute of Distance and Open Learning, University of Mumbai, 2013.</p> <p>Dr Vipin Kumar, Prof Manjusri Gnguly, Prof Renu Sachdev, Asst Prof Seema D Sindgikar, Asst Prof Daksha Halkare, Foundation Course SYBA/Bcom/BSc Sem III, Himalaya Publishing House, Mumbai, 2012, ISBN No 978-93-5051-977-6.</p>

D. Others	<p>Paper Presentation:</p> <p>Seema D Sindgikar. “Psycho-Social Impact of Globalisation” in UGC sponsored One-Day National Conference on Globalization: Pros & Cons organized by Department of Social Science & Humanities, Pragati College of Arts & Commerce, Dombivli on 3rd February 2018</p> <p>Seema D Sindgikar & Suju Gujar “Psycho-Political Tremors of Migration” in UGC Sponsored Two Day Inter-disciplinary International Conference on Internal and International Migration-Issues and Challenges conducted by Smt. CHM College, Ulhasnagar on 19th and 20th December, 2014</p> <p>Seema D Sindgikar & Suju Gujar “Migration and its Psycho-Political Impact” in a UGC Sponsored Interdisciplinary National Seminar Conducted by Maharshi Dayanand College in Collaboration with PUKAR, Parel on 28th and 29th January, 2011.</p> <p>Seema D Sindgikar & Daksha Halkare “Personality Domains and Occupational Stress” in a National Seminar on Psychometric Soundness and Industrial Applications of Five Personality Factors conducted by KMC College, Khopoli on 17th and 18th August 2010.</p> <p>Hema Madan, Suju Gujar & Seema Sindgikar “Womens Rights: Use and Misuse” in the State Level Multi-disciplinary Seminar on Challenges to Women Empowerment in the 21st Century conducted by K.B.College of Arts and Commerce for Women on 22nd and 23rd January 2010.</p> <p>Seema D Sindgikar & Suju Gujar “Need-Based Curriculum-A Sustainable Possibility in Higher Education” organized by UGC and Seva Sadan’s College of Education, Ulhasnagar on 28th and 29th February, 2008.</p>
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17. Passport size photograph

